

# ASPAVA

## RESTAURANT

# FOOD MENU

**ASPAVA**

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**RESTAURANT**

## COLD MEZE

<b>Hummus</b> (V) GF	£4.50
A combination of chickpeas, garlic & olive oil	
<b>Cacık</b> (V) GF	£4.50
Freshly chopped cucumber, garlic & dill in yoghurt	
<b>Antep Ezme</b> (V) GF	£4.50
Chopped onion, tomato, cucumber & parsley in a spicy dressing	
<b>Patlıcan Ezme</b> (V) GF	£4.50
A mixed puree of aubergine, peppers, garlic & olive oil in yoghurt	
<b>Kısır</b> (V)	£4.50
Cous cous mixed with spring onions, tomato puree, parsley & olive oil	
<b>Sarma</b> (V) GF	£4.50
Rolled vine leaves filled with rice, herbs & spices	

## HOT MEZE

<b>Mercimek Çorba</b> (V)	£4.50
Lentil Soup	
<b>Mücver</b> (V)	£5.00
Deep fried courgette, spring onion & parsley fritter	
<b>Melemen</b> (V) GF	£5.00
Traditional Turkish dish made from eggs, tomatoes, onions & spices	
<b>Patates Kavurma</b> (V) GF	£5.00
Cooked potatoes diced with onion, parsley & crushed chilli	
<b>Helim Peynir</b> (V) GF	£5.00
Char-grilled slices of halloumi cheese	
<b>Sigara Böreği</b> (V)	£5.50
Deep fried rolls of filo pastry filled with feta cheese & parsley	
<b>Dolma</b> (V) GF	£5.50
Stuffed sun dried peppers and aubergines filled with rice, herbs & spices	
<b>Sucuk Kavurma</b> GF	£5.50
Sautéed spicy Turkish beef sausage with mixed peppers, tomatoes & onions	
<b>Şakşuka</b> (V) GF	£5.50
A mix of chopped aubergine, courgette, potato, mixed peppers & garlic in a special tomato sauce	
<b>İçli Köfte</b>	£6.00
Deep fried spiced lamb mince in a crispy cous cous coating	
<b>Sucuklu Yumurta</b> GF	£6.00
Sautéed Spicy Turkish beef sausage with egg, tomatoes, onion & peppers	
<b>Ciğer Kavurma</b> GF	£6.00
Lambs liver sautéed with onion, peppers & spices	
<b>Mantarlı Karides</b> GF	£6.00
Sautéed mushrooms, prawns, mixed peppers & onion in a tomato & garlic sauce	

## **PİDE** ~ FRESHLY MADE DOUGH BASE FILLED & COOKED IN A STONE OVEN

<b>Kıymalı</b>	£12.50
Topped with minced lamb, finely chopped onion, tomatoes & parsley	
<b>Kuşbaşı</b>	£14.00
Topped with diced lamb, tomatoes & peppers	
<b>Ispanaklı (V)</b>	£12.00
Topped with spinach, mushroom, eggs & mozzarella cheese	
<b>Vegetarian (V)</b>	£13.00
Topped with seasonal vegetables & mozzarella cheese	
<b>Sucuklu</b>	£12.50
Topped with a spicy Turkish sausage, eggs & mozzarella cheese	
<b>Lahmacun</b>	£5.00
Freshly made flat, thin dough topped with finely minced lamb, garlic, tomatoes, parsley & peppers cooked until crispy	
<b>Karışık</b>	£15.00
Topped with a mix of diced lamb, chicken, lamb mince, peppers, tomatoes & mozzarella cheese	

## **SALADS & SIDE DISHES**

<b>Çoban (Shepherds Salad) (V) GF</b>	£4.00
Tomatoes, cucumber, onion, parsley with a lemon, olive oil & pomegranate juice dressing	
<b>Nohut (Chickpea Salad) (V) GF</b>	£4.00
Tomatoes, onions, parsley & chickpeas with a dressing of olive oil & pomegranate juice	
<b>Feta (V) GF</b>	£4.00
Slices of tomato, cucumber & feta cheese with a drizzle of olive oil	
<b>Pilav</b>	£3.50
Long grain rice	
<b>Chips</b>	£3.00
Steak chips	
<b>Freshly Made Pide</b>	£2.50 (FOR 2)
Flat bread	£4.00 (FOR 4)

## ASPAVA SHARING DISHES

**Aspava Mixed Special (for 2)** £45.00  
Meze (chefs selection) followed by adana, chicken shish, lamb shish, lamb chops (2), kaburga (2), kanat (2) served with rice & salad

**Aspava Mixed Special (for 4)** £82.00  
Meze (chefs selection) followed by adana, chicken shish, lamb shish, lamb chops (4), kaburga (4), kanat (4) served with rice & salad

## MAIN COURSES

**Shish Kebab** £17.00  
Marinated pieces of lamb cooked on skewers over charcoal served with rice & salad

**Adana Kebab** £14.00  
Lamb mince mixed with herbs & spices cooked over charcoal served on flat bread with rice & salad

**Mixed Kebab** £22.00  
A mixture of adana, chicken, shish kebab and a lamb chop served with rice & salad

**Beyti Sarma** £15.00  
Lamb mince with garlic rolled in a flat bread & baked over charcoal topped with a tomato sauce served with rice, salad & yoghurt

**İskender Kebab** £15.00  
Thinly sliced minced lamb charcoal grilled & served on flat bread with a buttery tomato sauce & yoghurt

**Pirzola** £18.00  
Lamb chops seasoned with herbs cooked on charcoal & served with rice & salad

**Kaburga** £15.00  
Lamb ribs seasoned with herbs cooked on charcoal & served with rice & salad

**Tavuk Shish** £16.00  
Marinated pieces of chicken breast cooked on skewers over charcoal served with rice & salad

**Tavuk Kanat** £14.00  
Marinated chicken wings cooked over charcoal served with rice & salad

**Patlıcan Kebab** £14.00  
A mix of aubergines and lamb mince on skewers cooked over charcoal with a special tomato sauce served with rice & salad

**Ali Nazik Kebab** £15.00  
A speciality of southern Turkey, minced lamb on a purée of aubergine, peppers & garlic yogurt served with rice

**İzmir Köfte** £14.00  
Slowly cooked meatballs in a tomato sauce served with rice & salad

**Çiğer Shish** £14.00  
Lamb's liver cooked over charcoal served with rice & salad

*Please ask a member of staff if there is a particular meal that you require gluten free, and they will try to accommodate where possible*

## MAIN COURSES

<b>Ispanaklı Yumurta (V)</b> Sautéed spinach, onion & red pepper with an egg over the top & served with yoghurt & rice	£14.00
<b>Kıymalı Ispanaklı Yumurta</b> Sautéed lamb mince, spinach, onion & red pepper with an egg over the top & served with yoghurt & rice	£14.00
<b>Mantarlı Karides</b> Sautéed mushrooms, prawns, mixed peppers & onion in a garlic & tomato sauce served with rice	£14.00
<b>Vegetarian Kebab (V)</b> Aubergine, onions, peppers & mushrooms cooked on skewers & topped with a tomato sauce served with helim peynir, hummus & rice	£14.00
<b>İmam Bayıldı (V)</b> Stuffed whole aubergine with a vegetable & tomato sauce served with rice & salad	£14.00
<b>Lamb Kavurma</b> Diced lamb, pan fried with a mix of vegetables & garlic served with rice	£14.00
<b>Chicken Kavurma</b> Diced chicken, pan fried with a mix of vegetables & garlic served with rice	£14.00
<b>Güveç</b> Diced lamb cooked with mushrooms, onions & aubergine topped with a garlic & tomato sauce served in a traditional pot with rice	£14.00
<b>Vegetarian Güveç (V)</b> Mushrooms, onions, peppers & aubergine, topped with a garlic & tomato sauce served in a traditional pot with rice	£12.50

## CHILDREN'S MENU

<b>Sosis &amp; Chips</b> Turkish beef sausage	£6.00
<b>Köfte &amp; Chips or Rice</b> Lamb meatballs	£7.00
<b>Kebab &amp; Chips or Rice</b> - Adana ( <i>Lamb mince with herbs &amp; spices</i> )	£7.00
- Shish ( <i>Marinated cubes of lamb</i> )	£8.00
- Tavuk ( <i>Marinated cubes of chicken</i> )	£8.00

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## DESSERTS

<b>Baklava</b>	£5.00
Filo pastry layers filled with chopped pistachio nuts & soaked in a sugar syrup served with vanilla ice cream	
<b>Kemal Paşa</b>	£5.00
Small sponge rounds with a cheese centre, soaked in sugar syrup & served with vanilla ice cream & coconut flakes	
<b>Sütlac</b>	£5.00
A thick creamy rice pudding baked in a traditional dish, served cold	
<b>Künefe</b>	£5.00
Cooked to order (10-15mins) & served hot – made from fine shredded wheat filled with cheese topped with pistachio nuts & sugar syrup served with mascarpone cream or vanilla ice cream	
<b>Aşure (Noah's Dessert)</b>	£5.00
A delicious mixture of dried fruits, grains and pulses in a sweet sauce with a sprinkle of walnuts and cinnamon	
<b>Ice Cream</b>	£4.00
2 scoops sprinkled with Pistachio nuts from a choice of flavours - Madagascar Vanilla, Death by Chocolate, Pistachio or Turkish Delight	

## HOT DRINKS

<b>Turkish Tea</b>	£1.50
<b>Apple Tea</b>	£1.50
<b>Turkish Coffee</b> - with or without sugar	£3.00
<b>Salep</b>	£3.00
<b>Cappuccino</b>	£3.00
<b>Latte</b>	£3.00
<b>Mocha</b>	£3.00
<b>Americano</b> - with cold/hot milk or black	£3.00
<b>Espresso</b> - single shot	£2.00
- double shot	£3.00
<b>English Breakfast Tea (Pot)</b>	£3.00

**A** – ALLAH

**S** – SAGLIK

**P** – PARA

**A** – AFFIYET

**V** – VERSIN

**A** – AMEN

*- May God give you  
good health, wealth,  
enjoy your food  
Amen*

**ASPAVA**

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**RESTAURANT**

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